

Stay Strong: 8 Heart Activating Sing-A-Longs With David Newman aka Durga Das

By David Newman aka Durga Das

You Can Count On Me

*"Your mind is a garden.
Your thoughts are the seeds.
You can grow flowers or you can grow weeds."
~Dhiraj Raj*

Stay Strong

*"Anyone that encourages intellectual, emotional, artistic or
spiritual growth is worth keeping."
~Unknown*

JAI GANESHA

*"I do believe we're all connected. I do believe in positive
energy. I do believe in the power of prayer. I do believe in
putting good out into the world. And I believe in taking care
of each other."
~Harvey Fierstein*

Love Belongs To Everyone

*"If your eyes are open, you'll see the things worth seeing."
~Rumi*

Thinking Of You

"A beautiful day begins with a beautiful mindset."

Every day you wake up, think about what a privilege it is to simply be alive and healthy. Stop focusing on the negatives and everything that could go wrong and start thinking about what could go right. Better yet, think of everything that already is right. Be thankful for nights that turned into mornings, friends who turned into family and past dreams and goals that turned into realities. Use this mindset of positivity to fuel an even brighter today and tomorrow."

~John Geiger

Love Peace Chant

"Knowing how to be solitary is central to the art of loving. When we can be alone, we can be with others without using them as a means of escape."

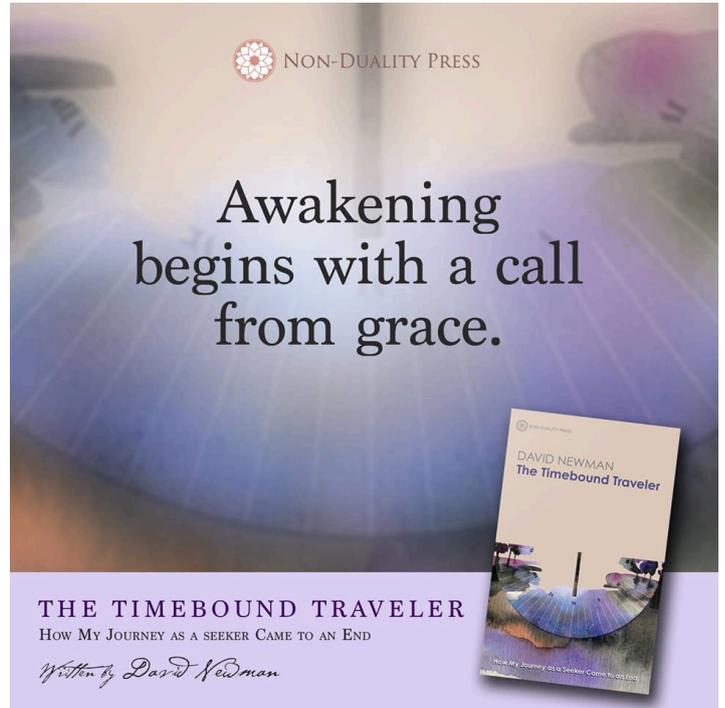
~Bell Hooks

He Maha Lakshmi

"Train your mind to see the good in every situation."

~Unknown

{NEW} Shift



David Newman is the author of [The Timebound Traveler](#). In addition to being a musician, David is also a husband, father, mentor and teacher. Visit his beautiful, heart-activating events and offerings [here](#).

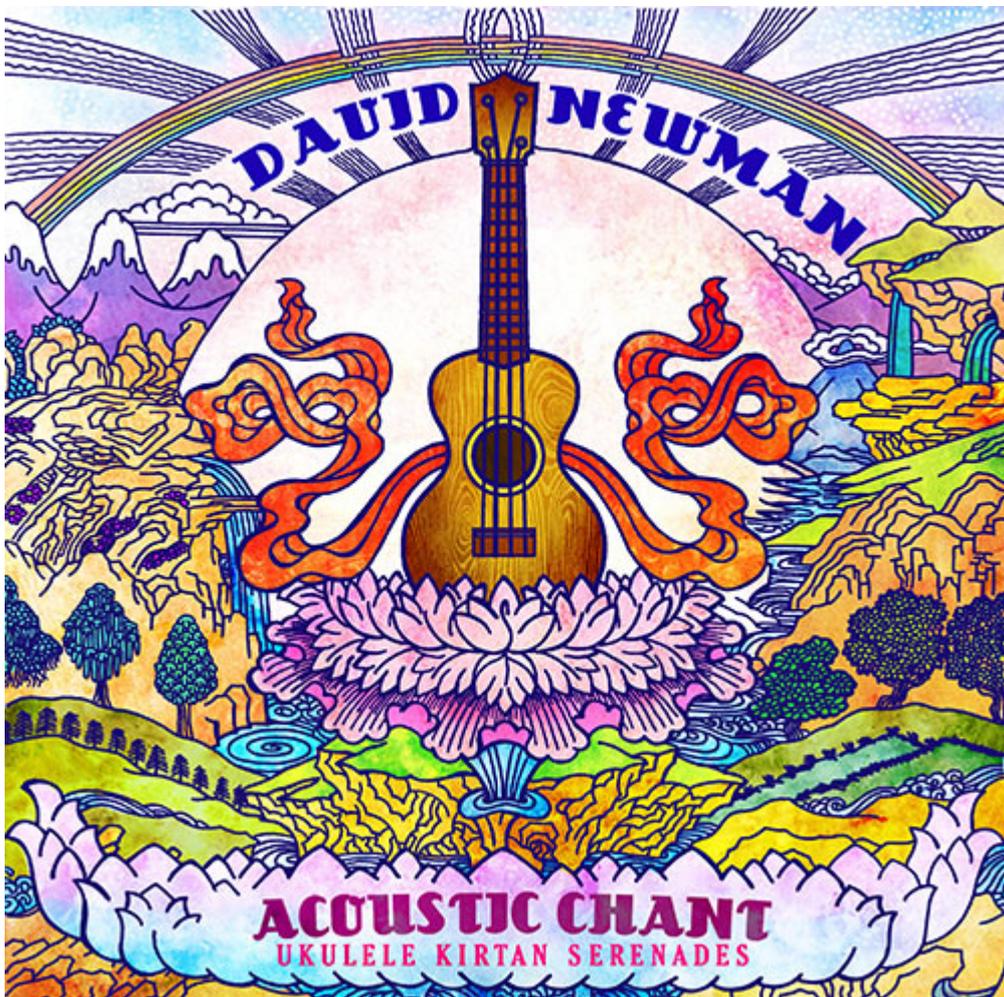
David's album [Love Is Awake](#) is #1 iTunes World Music Bestseller!

For more David, [The Urban Howl](#) recommends [Acoustic Chant: Ukulele Kirtan Serenades](#).

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