

Get The Gifts Of This Year's Last Super Full Moon & Mercury Retrograde Period

BY LALITA SIMON-CREASEY

*"Three things cannot be long hidden: the sun, the moon, and
the truth."*

~ Paraphrased from the teachings of the Buddha

The energies that are being brought to us right now in the form of the Super Full Moon (Sunday 3rd December 2017 at 15:46 GMT) are so exciting, and I am also very thrilled at the fact that Mercury goes into Retrograde on the same day.

This is big news for those of us on the Authentic Self journey! Think of this time as your soul's Call to Action to you.

The biggest gift you can give yourself at this Super Full Moon is allowing your soul to speak to you and then heeding that empowering inner voice.

I love Moon Energy. Everything in our lives happens in cycles and the moon is the epitome of a perfect marker for cycles. The Full Moon is traditionally a time to release all that does not serve our Highest Good and the New Moon is a wonderful time to set intentions to bring in the energy that will serve our Highest Good.

This is the last Full Moon of the year, and it is heightened energy in the form of a Super Full Moon. Although it is heightened, it will not be as intense as the energy of

November.

Do remember though, that ultimately, this Super Full Moon brings with it the wonderful opportunity of illuminating the last cycle in our lives, which is the eleven months of this year that has just passed. You can use this energy to undertake an honest review of 2017. What has worked for you? What hasn't? What lessons did you learn and how will you use them going forward?

If November was our rollercoaster, December will be our reflection of what that rollercoaster felt like and what it was about.

That reflection will be like an opening chapter of our 2017 review, and we will go back and look at all the rollercoasters that came before that. This does have the potential to bring about confusion if we are not seeing through the lens of Authentic Truth.

Steve Jobs knew what he was talking about when he said, "You can't connect the dots looking forward; you can only connect them looking backward."

One of the reasons why we need to be present in our here and now is so that when we look back on the pivotal moments of our lives, we will have the ability to connect the dots and learn from the lessons of the past.

There are many layers to Authentic Truth, unlike Ego Truth which is starkly

about the surface. The current challenge for us is to see the bigger picture and not react to what appears to be surface truth.

The Moon Energy will give us the Gift of Illumination, and Mercury Retrograde will give us the Gift of Introspection. Use these gifts wisely, Beloved Ones, to see beyond the surface and to sift through the layers. All is not what it seems on the surface. To reach deeper depths and our highest potential, we must be willing to change our perspective in order to do the work it involves.

It would also be beneficial to look at the intentions that you set at the previous New Moon and everything that has passed between then and now. It is all connected.

The Zuni Indians referred to this time of the year as the “sun has traveled home to rest”. It is almost time to put this year to bed, but not just yet.

See and listen with your heart, Beloved Ones, and go within to find your Authentic Truth. This is what you will need as the bridge between the ending of 2017 and the beginning of 2018. This will give you your desired elevation into the New Year but the choice must be yours.

For more self-study, [The Urban Howl](#) recommends [Llewellyn's 2016 Moon Sign Book: Conscious Living by the Cycles of the Moon \(Llewellyn's Moon Sign Books\)](#).

Sip a little more:

[Full Moon Magic: Ode To Luna](#)

Full Moon Magic – You Must Be Willing To Be Changed

A woman at the crossroads. One arguably ruined by the knowing of naked life. And all I can do is be with the task and sit in silence and smile a small smile when the crows start up outside my window in raucous choirs and do my best not to feel unbearably alone. It is the path of the wild heart. If I know one thing I know this...and you will know it too when it is your time; some of us are not content to fall asleep while the world, in its wild way, dances on.

Laura Larriva

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