

7 Fierce Feminine Tips & How To Sniff Out The Ways You Silence Her

BY ANAIYA SOPHIA

In the beginning was Woman. She was wild and unruly. Tender and expressive. She was free to speak and free to love. She was a savage beauty whose herstory became legend. Her legend became myth. And for a very long period of time, she vanished from our knowledge.

Girls and women became pale imitations of their once great and ecstatic Queen. Their connection to Her hung by a diminished thread as the memory of Her almost became forgotten.

From afar She witnessed our fall. She watched our progress without Her. The birth of agriculture, the industrial age, the monetary system, the world wars, and now the explosion of the technological age. You put all that together and you have a death machine – and that is exactly what we have done, or unknowingly agreed to.

Woman cannot be silenced or bound any longer. The molten core of Her heart has become filled with the years we have been imagining everything is going to turn out okay. It may not. We may become extinct, taking a large chunk of nature with us, and this could happen soon.

Now She returns. Almost fully walking amongst She seeks Her fragmented parts. Piecing Herself together, She retrieves her quiet voice, frightened heart, and the broken body. In the quiet and unseen dark, She sings over the bones of Her kin, bringing her beauties back to life with vigor and purpose.

This Woman has become the Fierce Feminine whose now is *now*.

She does not bow down to societal demands and expectations, as she has her own moral code. She demands fierce loyalty, asking that we keep our mind open, innocent and trusting.

It is essential that this fierce force is given the space She requires to complete the purpose she has been called upon to do.

From Her quiet confines, She stands as She. Facing the death machine as an opposing and immense power, She threatens total annihilation. She is the force that will end it, either way. She cries out to anyone listening, to prepare for a possible new future and to joyfully live out our last year's leaving the planet better off than when we found it.

At the 11th hour, She offers us one last chance. "Join me," she breathes.

And in an act of uncompromising mercy, She holds out Her hand offering us the wisdom to cut through denial and illusion, and help birth a new future for all.

The only catch, the moment you touch Her hand you are infused with a quickening that is translated through you into action. She offers a unique and individual embodiment process that must not be blocked or it will become lost.

Her urgent request brings forth a wild and unruly energy who will pry you away from the false agreements you have been making with the little world. In return, you will be propelled into reality, equipped with discernment, vigorous energy, and a cause to get behind.

These 7 steps ignite your Fierce Feminine, and sniff out the ways we silence Her.

These words are not here to convince you why, but rather, how to. Sincerely live by this template and you will be equipped with the wisdom of our past and the possibility of our future.

1. Fierce Rootedness

There is a sickness within humanity today, a deep suppression of our interconnectivity as the powers that we continually try to segregate, separate, and stagnate our natural tendencies to share and pass on our wisdom. This false way of living keeps us flighty, flaky, and unable to manifest our sacred gifts. We are rendered disconnected, disenchanting, and disloyal to all that has been given to us.

We must crack open the cage that isolates us and get connected to the causes and concerns that break our heart. Waste no more time, find our tribe, find our location, and settle down to task in hand, becoming trustable guardians of our local domain.

It's time to sink down into our roots, reconnecting with the natural, the primal, and the instinctual. It's time to untether and reclaim all the aspects of ourselves that have been shamed, hidden, and tamped down so we can ground our full being and powerful medicine into the world.

We are to stand as She: unapologetic, unashamed, and unmoving. Pass on our wisdom. Inform, inspire and illuminate. Our very lives and the well-being of humanity depend on it now. Pass on your wisdom.

2. Fierce Sexuality

According to highest tantric texts and the sacred wisdom being remembered by priestesses today, the sexual act is not only the most potent transformational medicine, but is the hidden doorway to unprecedented awakening. Sexual alchemy is the transformation of our dense nature into something more refined and pure, *if* we create the sacred space for Her to enter.

Like the symbol of the cross, there is the vertical mark that

symbolizes the masculine plane out into the cosmos, and the horizontal mark that symbolizes the feminine plane out into the world. When we bring these two together in ourselves, and with another, we create the rigorous life energy and depth of being that we are so going to need. This sacred infusion of aliveness will bless our bodies, minds, and hearts with the endurance and stamina needed to keep on, keeping on.

It is time to sink into our genitals and stop wasting our energy on mindless sex that is goal orientated or plugged into the pornographic world. These human tendencies have been monopolized by a very dark force that ensnares our vital life-force, creating a powerful addiction that snuffs out the beckoning doorway to this vast awakening and intimacy with another. The very power that could set us on fire must not be dampened by compromise. Reclaim and elevate your sovereign sexuality.

3. Fierce Accountability

It's time to apply the Fierce Feminine to the realm of boundaries, standing up and saying no to the energetic drains, the distractions, and the constant onslaught of social media and the To Do list. All of this weakens our will, and is brilliantly designed to do so. We are being urged to look at our wishy-washy choices, half-hearted decisions and feelings of entitlement and scream out, "No More!" Instead, let us tap into the energy of rebellion and the sacred rebel within us. Be the resister to all that is false and untrue.

Accountability, integrity, and honor are the qualities that smash to smithereens the doctrine forced upon us.

The Fierce Feminine is hunting for people who are willing to stand up and say *no: not on my watch am I going to let you take away the basic human rights and dignity of my brothers and sisters*. She needs men and women to bring the cruel and barbaric daily horrors to an end.

Every day animals, nature, and people are forced to give up their meat, land, and time in an attempt to feed the insane hunger of an over-populated world. The only entitlement we have is to share the resources that are mindfully given. No one is more deserving than another. Be accountable for everything you consume.

4. Fierce Courage

It takes courage to speak out against the tide of opinion, and that is exactly what we have to do.

We have to speak out, love more, humble ourselves often, tell the truth, show up, go out on a limb, defend the innocent, and trust our intuition.

Courage is the ability to do something that frightens you. This means that you don't get away from feeling the fear, or even being trampled by it. But when you can, you rise and stand as She, ready, willing, and able to do what must be done.

For too long we have stayed in abusive relationships, denied the amount of debt we are in, turned our back on cruel behavior, protected the industries we have worked for, defended the country we were born into, and hidden the many ways in which our hearts are broken.

It is time to live – not up to the expectations placed upon us. But it is time to disregard other people's opinions and to live by our moral compass.

Again, society has been rendered useless under the spell of 'what other people might think'. This creates a status quo held in place by false means. I suggest we examine carefully all that we are agreeing to quite simply because we are too

afraid to challenge it. A yes is a yes. A no is a no. And a don't know is also a no. Ask yourself some uncomfortable questions about your relationships, your location, your work, and your health. Take heart and be brave.

5. Fierce Truth

Spiritual awakening and self-actualization are no longer a luxury, they are an imperative. Because of our collective level of access, privilege, and opportunity, we should be a moral and awake force on this planet, continually transforming the world into a better place than when we found it.

One of the ways in which we sabotage our brilliance and effectiveness is through not telling the truth. Lies, secrets, and cover-ups create the weight of guilt upon our shoulders dulling down our beauty and spontaneity, giving rise to anger.

Guilt is once again an energy that the powers that be, love to play with. Pulling us here, there, and everywhere, the whole artificial world is created by the pursuit of pleasure and the avoidance of guilt, leaving us feeling like rudderless ships upon the ocean.

The only way out of this quagmire is by telling the truth. Absolute and relative. We must wield the sword of discernment, cutting through denial and illusion until we find the pure and untainted truth. And this feels dangerous. And it is. We fear we will lose something if we reveal it. So we stay silent. But we cannot carry on this way.

We must light up like a meteor, and access our sacred rage as we excavate our throats in search of our authentic voice. Let us create safe containers where we can access these deep-down voices, and encourage one another to sound them with full authenticity. Over time our one voice will join with many others to become a unified sound of (r)evolution.

Our sacred rage is the catalyzing agent of change. Permit

yourself the power to speak the truth.

6. Fierce Intuition

The overall health of our mind, body, and soul depends on how free we are to express our intuition – which has been repressed for far too long. Since the forgetting times, we have feared expressing our innate wisdom and sense of how things really are.

We have tamed ourselves, kept ourselves small, often ignored our pure knowing for fear of being harmed. We turned our back on our intuition after millennia of being judged, tortured, shamed, and killed because of it. No wonder it is so hard to trust in ourselves again. But that is exactly what we must now do.

She will speak to us through this feminine channel. For those with the ears to hear is Her voice heard. And this is her rehabilitation process. By trusting, Her voice is heard. By listening, our trust is restored.

Trust and intuition go hand in hand. Each feeds the other. Surrender your masculine mind and its insistent need for proof, logic, and clear-thinking. Delve deep into the animal nature of your being, and sniff, snuffle, track, and scan.

Everything you need to know is within you.

Remember Her channel is wisdom, knowing, and a pure sense. Trust your intuition. See things as they really are.

7. Fierce Faith

These days most of us are in survival mode, our nervous systems continually activated by the horrors being inflicted on people, places, and animals across the globe. This is unsustainable, so we have to find ways to nurture and come home to ourselves.

The crises of our time are all variations on the theme of

separation. Until we awaken to origins, the deep wellspring of our essential nature we will not flourish.

In these chaotic times, we need a spiritual resource to ground us so we can stay centered in our sacred work and do what really matters each day. We need to lean into the spiritual technology and sustenance contained within ritual, prayer, and ceremony to galvanize our personal resources.

However, there is trap out there, and that is the false teachers, communities, and religions that entice you to their door. They do not offer you faith, but fear. They take the precious stirrings of your soul and throw you back down to the dogs. We must be vigilant and trust our hunches, and should we suspect we are in the grip of a false guru, leave immediately. The level of damage can be immense, and extremely dangerous.

Cultivating faith is a vulnerable process, and must be treated with reverence and care. To have faith is to have complete trust. It does not require signs, evidence, confirmation or any form of apparition. It just is.

All the good work you put in will feed you, inform you, and strengthen you.

Have faith in the rising up that you feel in your heart.

The Fierce Feminine is public enemy number one and extremely damaging to a society built on greed, lies, and control. This primitive, unapologetic natural force is rising within us.

Are you ready to become Her?

For more self-study, [The Urban Howl](#) recommends [The Inner Voice of Love: A Journey Through Anguish to Freedom](#) .

Sip a little more:

[9 Gateways Of Sexual Wisdom:
Igniting The Divine Fire Of A
Fully Awakened Woman](#)



theshebook.com

■ ■ ■

#THEURBANHOWL

HOWL WITH US
ON [FACEBOOK](#), [INSTAGRAM](#), [TWITTER](#) & [PINTEREST](#)

HELP SPREAD THE MAGIC: