

{Adult} What Does It Mean If I Open Myself?

BY JEN MILLER

Penetration

What does it mean

If I penetrate you
if you penetrate me
if you push in, push past
if I push forward, push back

What does it mean if I open myself
if I allow this
invite this
yield to this
be in this
so deeply

that I can't draw lines
between my heart
and my body
where one stops
and one begins

all I feel
is the heat of your skin
wrapping me in
your warm blanket of soul
your sacred pipe bowl

This is what we know
what we forget
what we remember
when we stoke the embers

Photo by [Bruno Sousa](#) on [Unsplash](#)

For more self-study, [The Urban Howl](#) recommends [The Inner Voice of Love: A Journey Through Anguish to Freedom](#) .

Sip a little more:

Love Potion: A Recipe For Opening Yourself & Letting Love In

I Grieve Because I Have Loved, Still Love, Will Always Love



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