

Your Truth & Freedom Will Ruffle Feathers And Disappoint People

[BY LEAHANNE WOODS SMITH](#)

What is that tender truth at the basis of that you don't show?

What is that thing that you hardly ever admit to yourself?

It is of those deeper truths of you that you form your actions, inactions, and words. We formulate our communication so that people will not know. We keep our darkest truths sacred. In automatic pilot mode, we live our lives as a guess to others. At all costs, we do not tell of our truest self.

We flee each day into captivity of isolation. We recover ourselves in hiding. We might feel to dig down to truth if time allows, if we allow ourselves, if we push. Days come fast. Decisions have to be made. Mouths have to be fed. It's easier to stay silent, stay "normal," stay underneath the radar.

Push through those layers.

It is in those deepest darkest truths that your freedom lies.

Begin to free yourself today.

Become aware of knowing your truth while speaking, while walking, and especially when talking to yourself. Make it a habit to choose you first.

Investigate your far-reaching ranges, the abandoned parts that will not be accepted by societal norms, or even by those who are your like-minded friends.

Befriend yourself there with the most compassion and love your heart feels. Love strongly and indulgently with that love you long for, that love you want so much to give, that love you've shown no one.

And, bring her to life. (Validate her.)

First, in your own precious self.

Then, begin the journey of bringing her out slowly, piece by piece to the world.

You will ruffle some feathers.

You will disappoint some people.

You will cause people to think you're losing your mind.

You will feel that you've lost your mind, at times, for sure.

When you are the path maker, things do not always feel comfortable or make sense.

You develop a new appendage, an antenna for new intuition.

You develop your own sensory prong that will feel shaky and you wonder if it's real. It is. It feels wavy, sparse, and chaotic. Yet it is strong. It feels connected to something your soul has known, something bigger than all of this, something everlasting, ancient, and trusted beyond what we've known here.

It does not go from A to B to C as things are set up in the world. But, you know it will get you to the alignment you really need. It will get you to the place where you will be fed by a food that your soul has craved most, though could not convey it. It is unconventional, and it is inconceivable to our thinking minds.

You root your way there in a blind trust like a newborn baby to mother's milk.

You latch on.

You raise yourself there as your most prized possession ever.

She has been waiting to be born through you.

She's finally here. In your alert and awakened consciousness, she is here!

She wasn't sure if she'd get to come in this lifetime.

She's waited patiently, never abandoning you. Never would she. She is not dictated by time. She simply is. She exists. She is your life's energy. She is never-ending.

She is the silence. She is the dark. She is the void. She is life, the natural creator – the small still voice.

Has she spoken through you?

Have you seen her?

She is your truth.

She is you.

For more self-study, [The Urban Howl](#) recommends [The Inner Voice of Love: A Journey Through Anguish to Freedom](#) .

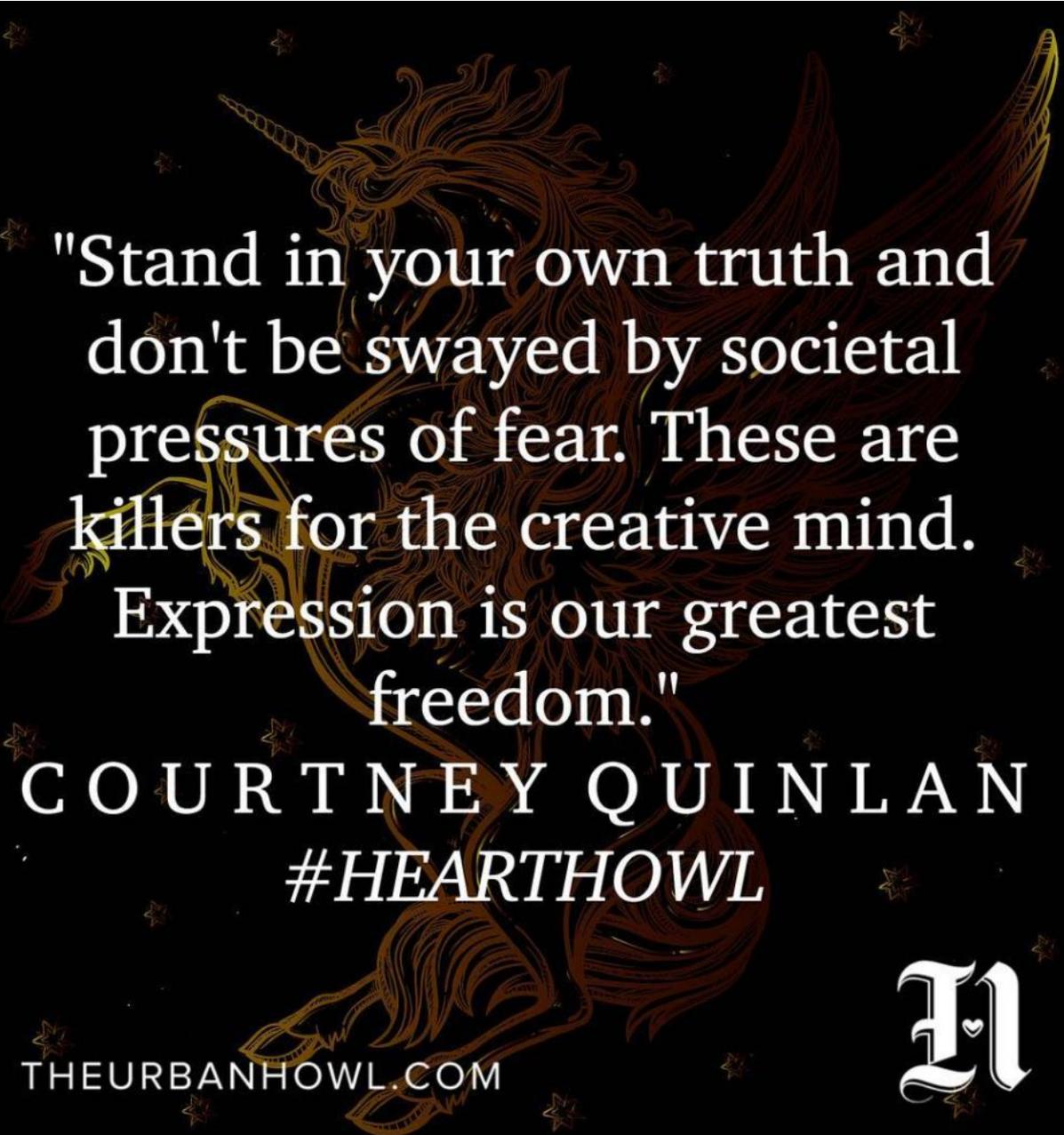
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