

Home Is Not So Far Away – It Lies Within

[BY REBECCA ESCHENROEDER](#)

Flying swiftly once again to the place that is “so far away”
yet feels so much like home.

The mountains act as medicine; feeding and sustaining my tired
bones.

The sage clears the air; clears my mind; dispels the clutter.

The air fills my lungs once again like a newborn child taking
a breath for the first time. I am reborn again and again and
again.

The beautiful souls that await me there remind me of the power
and expansiveness of this tribe; that I have family wherever I
go.

The silence fills my mind with the space that it needs to
listen to the language and voice of my soul; the ever-present
knowing.

Flying swiftly once again to the place that is not so far
away; to the place that is home...

It lies within.

Photo by [Yaro Felix Mayans Verfurth](#) on [Unsplash](#)

For more self-study, [The Urban Howl](#) recommends [Tears to Triumph: The Spiritual Journey from Suffering to Enlightenment](#)

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Sip a little more:

*I Choose To Turn My Face To The Sun – I Choose
Love*

Sage – I Am Not The Same Now As I Was

Big Sky Reflections

Of all the plants that cover the earth
and lie like a fringe of hair upon the
body of our grandmother, try to obtain
knowledge that you may be
strengthened in life.

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