

New Moon Magic: Welcome The Next Phase Of You

By Andrea Frade

This month you have gone through much change. It might have been a tiresome journey for you to arrive at this place of new perspectives, nonetheless there has been fruitful knowledge gained.

Observe the grief of what was there and [honour what you have given away for a new beginning](#).

For now seek the refuge you need and reflect upon what compassion means to you. Find within your self the empty spaces, sit with the openness and clarity. Find comfort in simplicity and derive solace in the reemergence of you.

You have built the temple of understanding and are now sitting on the tall throne of your wisdom.

Because you were willing to search the depths of your soul for meaning and allow uncertainty be your guide, you had to truly feel your way forward and by way of alignment to reconnect with who you really are.

Stay mindful for the momentum isn't over yet. Trust that you are being carried by waves of support onto your next rightful journey.

Take the time to quietly replenish your resources, release what no longer serves you, and revel in the intimacy of what you now know to be true for you.

You are a magnificent creature, filled with magic, no one has the right to deny or shut that down, not even you. You have learned to navigate unstable terrain in the face of adversity and [come out the other end illuminated, reborn, new](#).

Follow the flow. During this time of transition remain aware of what you allow, take gentle strides through the forest of your mind and pause to notice the delicate moments of life shifting that awaken you.

Find ease while resting within the home of your soul, take root in the fertile ground of yourself, move your body, breathe it all awake.

The fervent desire of your heart is calling to you, let your longing for more lead the way. What has been fading is now welcoming the next phase of you.

For more self-study, [The Urban Howl](#) recommends [How to Read the Akashic Records: Accessing the Archive of the Soul and Its Journey](#).

#NEWMOON