

# We're Soul Family & We're Going To Be Okay

*By Ashley Cappelletty*

The outer world isn't the best place to find a lover so the soul is where I go.  
Me and my friends online talking about flow.  
Drinking it in fast and then we slow down saying we want more.  
Come over and start up a conversation with me.  
I trust and give it a chance to grow.  
Take my hand, stop, put your faith in spirit  
And as we dance, I start to sing:  
Spirit, you know I want your love  
Your love was handmade for me.  
Come on, follow my lead  
I might be crazy don't mind me  
Spirit says, You talk too much  
Grab my soul and let's light up my body  
Come on follow my lead,  
I'm in love with the essence of you  
Together we push and pull like magnets do.  
My heart fell too.  
I'm in love with my body.  
Last night in my room, I fell asleep and dreamt I was you.  
Now I see you in the daylight too.  
Everyday I discover something new.  
I'm in love with my body.  
I'm in love with the essence of you.  
Aeons in, let a new story begin  
We're heading in a new direction.  
You and me are thirsty, so we drink all we can.  
Fill up your heart and I fill up my soul.  
Anyone can talk hours and hours about sweet and sour.  
You're my soul family, we are going to be ok.

When you are ready, get in my taxi,  
sit in the backseat and I will sing:  
Grab my soul and let's light up my body  
Come on follow my lead,  
I'm in love with the essence of you.

*For more self-study, [The Urban Howl](#) recommends [Tears to Triumph: The Spiritual Journey from Suffering to Enlightenment](#)*

*Sip a little more:*

***I'll Never Abandon Myself {Like He Did Me} And  
Never Again Wonder My Worth***

Take a lover who looks at  
you like maybe you are  
magic.

Marty McConnell

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