

# As Tears Flood My Eyes & Echoes Of Fear Hang From My Heart

*BY BRIGID HOPKINS*

As tears flood my eyes  
Dance down my face  
Its no surprise why they're here  
The echoes of fear  
Hanging from my heart  
Pulling back another layer  
Goodbye  
Shame  
Regret  
Humility  
Abandonment  
Places I hide  
Squandering my brilliance  
My inheritance  
To be all of me  
Not to be foxholed by mistakes  
Blundered  
Moments of confusion  
Leading to self abuse  
Harsh voices  
Hiding  
Damming  
Pushing away  
Anything that gets to close  
To my illusion  
Of being unworthy  
Unsavory  
Loly  
I'm fatigued

From denying  
My divinity  
My shine  
My nobility  
That's right  
Nobility  
I dry my eyes  
Adjust my belt  
Dive back in the rhythm of life  
Flow in the knowing  
Of where I'm going  
Not from a voice of confusion  
A choice  
My choice  
To live a life of transcendence  
Not obedience

*Sip a little more:*

***Stop Banging Your Head: Kill Your Old  
Beliefs & Choose A Life Undefined By  
Others***

The world is full of magic  
things, patiently waiting for  
our senses to grow.

W. B. Yeats

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