

# Are You Willing To Receive (Or Avoiding Something Deeper?)

[BY CHIZELLE SHARON SALTER](#)

I truly believe that we can all receive as much money, abundance, and prosperity as we desire. As long as we are an energetic match for it. I believe that whatever you are energetically aligned to is what you will get.

Now, this can work *for* you or *against* you. You may, for example, be energetically aligned to earn \$10,000 a month but only feel like you're worth \$5,000 a month. In this case, what would occur is, as you earn more and more money, you'll also find unexpected (and planned) ways to spend as much money as it takes to have you feeling comfortable. Gay Hendricks would call this an Upper Limit Problem (read [The Big Leap](#) if you want to know more).

***I've always known this to be true for me. Anytime I'm not in abundance, I know there's something deeper I'm avoiding.***

What I never thought about until recently is what happens when you're gifted in a way that you're not aligned to. For example, I'm sure none of us would reject or feel unworthy to receive money for something we perceive as hard work, an eight-hour day of some grueling task.

But what if you were to be paid twice as much for something that comes easily to you? Something that took you half the time that was allocated.

*Would you feel as deserving?*

*Would you feel as though you earned it?*

*Would you accept it?*

And what if we go a step further and someone were to approach you and offer you \$10,000 to spend the week observing you at work? How would that feel?

Or if someone were to gift you something expensive that would help you in your business? V.I.P. coaching from a well-known expert in your field (or theirs), or a fully customised website? Would you accept it and make the most of it?

Would you take that coaching and drink in every bit of knowledge that expert had, and put it into practice transforming both your personal life and your business? Would you make sure you created the best website for your business, expanding your reach to potential clients? Or would you turn down the offer – sabotage the work and results that you could have working alongside these people that could transform your business?

***So often we feel that we need to deserve abundance. That it needs to come to us a certain way.***

*We need to work hard for it.*

*We need to earn it.*

*We need to suffer for it.*

**So often we miss opportunities because they look different than how we believe they're supposed to look.**

We sabotage ourselves because we feel we didn't earn it.

What would it take for you to be open to receiving more? More than you've ever received before.

What would it take for you to receive with ease?

What would it take for you to be an energetic match for whatever you want?

For more self-study, [The Urban Howl](#) recommends [Women Who Run with the Wolves](#).

*Sip a little more:*

***The One Thing The Wealthiest People In  
The World Have In Common***

***The #1 Lesson We're Not Taught In  
School: To Choose What's Right For You***

# SHE

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