

# Get Clear About What You Want & Then Feel The Way You Want To Feel

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Get crystal clear.

Every wish you wish.

Every want you want.

Every desire, every yearning.

To lose weight, to be fit, strong, and lean.

To have a successful business, to make lots of money, have financial freedom.

To buy that course, hire that coach, that mentor, the one that will uplevel your business and your life.

To find your soul mate, your twin flame, the one that will love you unconditionally, cherish and adore you.

***Every single one comes back to how you think you will feel once you have it.***

You *think* you'll feel more confident, sexier, attractive once you lose the weight. Once you're fit, lean, and strong.

You *think* you'll be good enough, deserving, worthy, once your business is earning a million dollars.

You *hope* that this course, this coach, this mentor will validate you and your ideas, will give you the answers so you can finally feel accomplished, successful, and enough.

You *think* you'll belong, feel nurtured, safe, and loved once you find your one true love, and you hope with every cell in

your being that you'll finally get your "happily ever after".

## ***What you really want is to feel a certain way.***

You want to *feel* confident, sexy, attractive.

You want to *feel* deserving, worthy, good enough.

You want to *feel* loved, cherished, like you belong.

Now I'm not saying that you shouldn't go after everything you want.

I *know* you should pursue what you want.

I *know* the power in choosing what you want and committing to it.

I know the sense of pure joy when we are in our flow and doing what turns us on, lights us up, *and* gives us what we desire.

I am saying that knowing how you want to feel means you get to choose to feel that way right now.

Right now.

In this moment.

## ***You can choose to feel it now.***

I know a lot of people will tell you that if you choose to feel that way, you'll lose motivation, you'll just sit around doing nothing all day, that you'll waste the time you could be using to actually reach those goals.

I don't know about you, but that doesn't sound like much fun either.

Or true.

If we feel attractive and sexy, if we feel fit, strong, and lean, then we will act like attractive, sexy, fit, strong, and lean people. We'll eat the way they do, we'll move the way they do, we'll look after our bodies the way they do.

If we feel deserving, worthy, and successful in our businesses and jobs then we'll act that way. We'll know the difference we make and we will share our message, our purpose, and our mission with the world. Because we know that to not share it is to do those who need it a disservice. We will gladly charge what we charge because we know the value we provide.

So let's get you what it is you really want right now, rather than waiting.

How do you want to feel?

*For more self-study, [The Urban Howl](#) recommends [Courage: The Joy of Living Dangerously](#) .*

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