

Ancient Heart, Release Your Bottomless Love & Let The Magic Be Known

[BY AUDREY WOJCIECHOWSKI](#)

Born With An Ancient Heart

She was born with an ancient heart
For it would be impossible to begin with the amount of love
she kept inside in just one life

She was born with an ancient heart
Honoring it every day
Letting love run through her
Feeling it for herself and then giving it away

She was born with an ancient heart
Offering her to feel deeply to the core
To hold a love like the beauty of a jewel
Bringing all the energy in to feel more and more

She was born with an ancient heart
Which knew what would make love grow
With a deeper knowledge to set fire to a feeling and let the
love change shape and flow

She was born with an ancient heart
For her body had a holy beat
It connected her to the rhythm in the sky and on the forest
floor so she could connect to everything

She was born an ancient heart
Created by the bond that we hold when we open the door
Trusting someone to know where we have been and where we will
go
Setting us free from expectation and judgment's hold

Making gratitude stir like a wind ready to be set free

She was born with an ancient heart

Knowing to love in the moment she was in

She experienced the ache of pieces of life being taken away so quickly

Knowing that things do not stay for eternity

She was born with an ancient heart

Far from perfect and untouched

Rips and tears, patched and pieced back together

Pieces worn and torn creating texture

Small holes where light would shine and rain would seep in

She was born with an ancient heart

She did not carry it like a prize but had an understanding that she had a force ready to pour from inside

Knowing to hold on would be more painful than to release it and let the magic be known

She was born with an ancient heart

She would never know where this bottomless love came from or why

What existed in her was here

To be moved through

To let other feel what she already knew

To spread this feeling far and wide

Photo by [Garon Piceli](#) from [Pexels](#)

For more self-study, [The Urban Howl](#) recommends [Tears to Triumph: The Spiritual Journey from Suffering to Enlightenment](#)

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Sip a little more:

How Does One Become Brave Enough To Bare It All?

*Inhale & Exhale – When I'm Tired Of Unworthiness
& Self-Doubt*

"Each of us needs to do our part,
the only essential place to start,
with open mind and open heart,
we can be an end, to worlds apart.

United with our own souls,
no longer hiding in our deep dark holes,
living as world peace."

ALIZA GERRITT

THEURBANHOWL.COM



#BOTTOMLESSLOVE

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