

I Choose Wonder – My Life Depends On It

BY USHMI DOSAJA

One Life
That's all I have
Forgive me
If you sense an urgency
In my will to live
Wonderfully
For with each day
I have a day less
Leaning in
To the greatest gift I have
Choice
My power of discernment
Over how I live this Life
Unapologetically
I become aware
I could choose to fight
Already broken systems
And add more fuel
To the fire
I could choose to work
On wounds
And succumb
To my not good enough
I could choose to live
From fear
And give in to limitation
Or, I could choose
To sing my own song
Greeting each moment
As new

Bereft of old stories
And pains
Slowing down time
And infusing it with wonder
A childlike awe
And a heightened curiosity
Unafraid to ask
The questions
That open new portals
Of perception
Infinite pathways
That lead me
To the moreness
Of what is possible
For me, for you
And beyond
So
I choose wonder
Over fear
And worry
And all else
That causes me
To contract
Making me small
And limiting
My power
As it is from here
I am certain
I can be
And we can
Create
The world
We adore to live in.

Photo by [Mesut Kaya](#) on [Unsplash](#)

Heart howl: What if life was like a treasure hunt and wonder

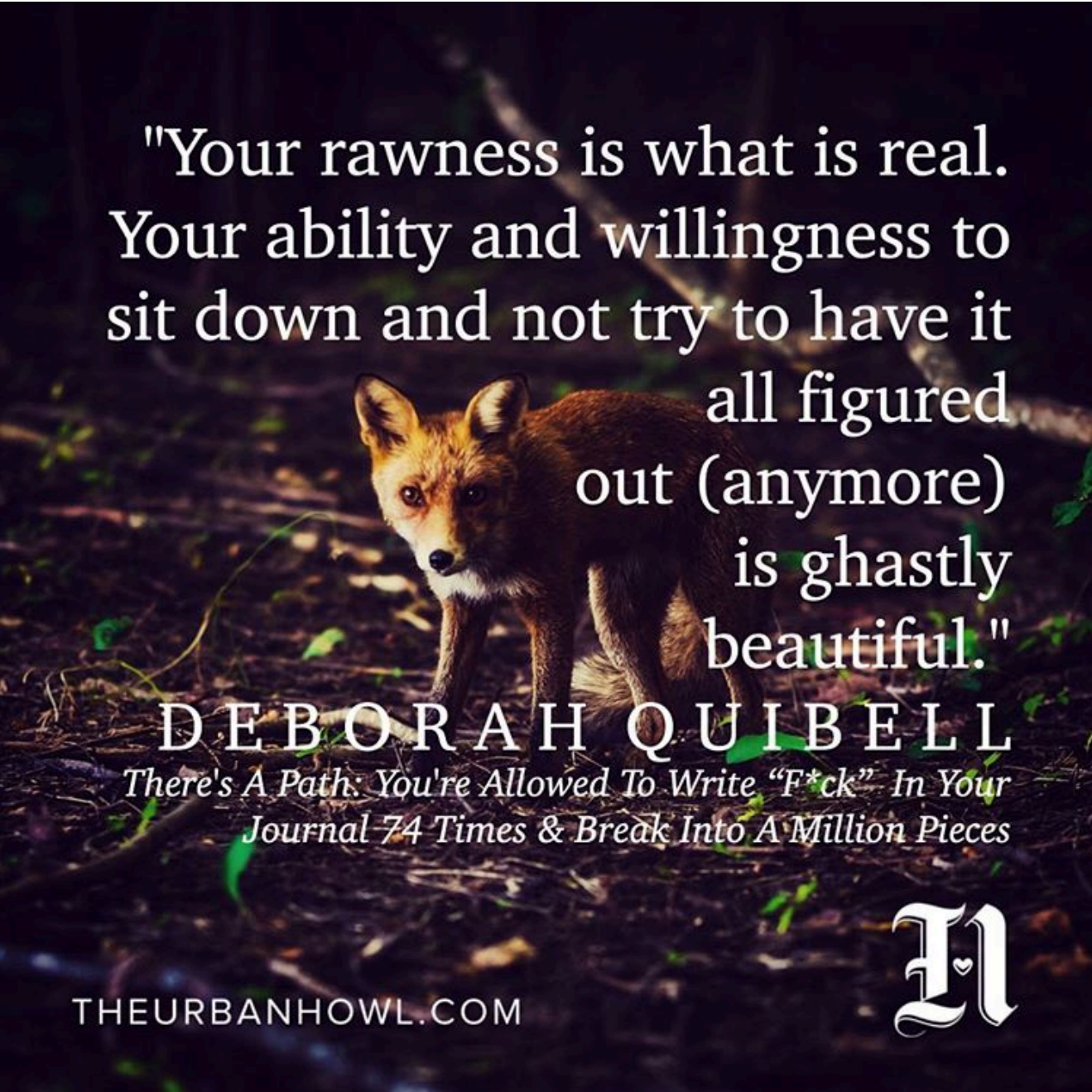
was the treasure. Where would you look? And would you be faithful to what you find out?

For more self-study, [The Urban Howl](#) recommends [52 Ways to Live a Kick-Ass Life: BS-Free Wisdom to Ignite Your Inner Badass and Live the Life You Deserve](#) .

Sip a little more:

***Life Is Beautiful – Revel In The Wonderment Of
The Process***

Leaving My Past For Wonder, Beauty & Messiness



"Your rawness is what is real.
Your ability and willingness to
sit down and not try to have it
all figured
out (anymore)
is ghastly
beautiful."

DEBORAH QUIBELL

*There's A Path: You're Allowed To Write "F*ck" In Your
Journal 74 Times & Break Into A Million Pieces*

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